

Factor That Influence on Phbs Students Female of Islamic Boarding School Al – Huda Kediri City Based On Health Belief Model Theory

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ABSTRACT

Boarding school in Indonesia still a lot of problem that are so classic that is about the health of students and problem with diseases. Boarding school must cooperate with health authorities to coaching health for the students, so that the pattern of living behavior is clean and healthy for the students and communities in the boarding schools and their environmental communities. The purpose of the research is exploration factors that influence on PHBS student female Boarding School Al-Huda Kediri City based on the theory of Health Belief Model. The design of research used qualitative research with a case study approach. Data collection uses in-depth interview techniques (in depth interview) with semi-structured questions with samples of 16 informant. From result research shows the science of PHBS is ignorance. PHBS student female is an indicator PHBS boarding school has not been fulfilled. PHBS are important to implement at boarding school. While information about PHBS is require in boarding school. Attitude of PHBS student female is implementing a picket schedule. Obstacles doing PHBS is the individual's own attitude. Management of boarding school gives attention to PHBS. Management of boarding school gives information about PHBS. Management of boarding school help students about PHBS at boarding school. Importance of support from boarding schools. There are motivation yourself to increase PHBS. Importance of the motivation from friends /management boarding school to increase PHBS. Based on the research it needs to be done further research on environmental health in boarding schools.

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INTRODUCTION

Islamic boarding schools in Indonesia still have many problems that are so classic that is about the health of students and the problem of disease. Health problems and diseases in pesantren very rarely receive good attention from members of the pesantren itself and the community and government. Because boarding schools have their own culture that is different from the others, namely in the general public (Fatmawati and Saputra, 2016).

The health problems of students in Islamic boarding schools are not much different from those in schools, but in Islamic boarding schools the problem will be more complex, namely the emergence of problems in environmental health in Islamic boarding schools. Pesantren must work together with the health sector to conduct health development for the students so that a clean and

healthy lifestyle for students and the community in the pesantren and the community (Suharmanto et al. 2015) is realized.

Based on EMIS (Education Management Information System), Ministry of Religion 2010/2011, Islamic boarding schools in Indonesia number 27,218 institutions, consisting of 13,446 (49.4%) salafi / salafiah (traditional) Islamic boarding schools, 3,064 (11.3%) pondok salafi / salafiah modern pesantren), and integrated / combined boarding schools as many as 10,708 (39.3%) with 3,642,738 students. Of the total number of santri, males consisted of 1,895,580 (52%) and females 1,747,158 (48%) (Permenkes, 2013).

Based on data from the Boarding School Health Center in 2003-2004. Diseases that occur in Islamic boarding schools are influenced by poor personal hygiene, dense occupancy and poor environmental sanitation. Types of diseases in Wali Songo Ngabar Ponorogo Islamic Boarding School with a percentage of numbers, scabies 39.49%, dermatitis 18.15%, ARI 18.47%, diarrhea 11.15%, typhus 1.59%, gastritis 7.33% , allergic 3.82%, from the data bad personal hygiene causes various infectious diseases that generally attack the skin, respiratory tract, digestive organs and other body parts (Fauzi, 2014).

Data obtained at UPTD Puskesmas Poned Balowerti Kediri City Semester 1 of 2018 from Essential UKM in health promotion efforts there are several indicators that have not met the target with 0% achievement, namely the indicator of healthy order with sub-indicators of Islamic boarding schools that meet 16-18 indicators of Islamic boarding schools (Islamic boarding school indicators (classification IV), intervention / extension indicators with intervention / extension activities sub-indicators at Islamic boarding schools.

Preliminary studies that researchers have conducted, obtained data on the number of students in Al-Huda Islamic Boarding School in Kediri City, amounting to 47 children, consisting of 30 children and 17 children. From interviews with a number of students from Al - Huda Islamic Boarding School in Kediri about PHBS, there are 18 indicators of PHBS that have not been fulfilled, namely the presence of poskestren / santada husada cadres, the existence of trained poskestren cadres, poskestren cadre activities, tubs holding free water larvae, style non-smoking living, JPKM participants or other health insurance.

According to some students said that the pesantren boarding school was still only given poskestren socialization, like a shelter was drained once a month, students did not know about larvae in the shelter, there were still students who borrowed each other's veil, if a minor illness the santri treated itself, if not healed then taken to the Puskesmas, santri do not have BPJS cards or other insurance, sometimes santri are indiscriminate snacks, while for santri food is eaten from the boarding school. According to the researchers' observations, garbage is still scattered in the boarding school environment, lighting in the rooms is still lacking, the order of the contents of the rooms is still messy and the toilet is not clean.

The health principle which is the basis of the implementation of PHBS is that prevention is better than cure. The clean and healthy lifestyle behavior cannot be carried out if there is no awareness of all family members themselves. Clean and healthy lifestyle must be implemented as early as possible so that it becomes a positive habit in maintaining health. Some indicators that are used as a basis for implementing clean and healthy living behaviors include the use of clean water, routine hand washing with running water using soap, cleaning the environment so that it is always clean, free of garbage and mosquito nests (Guna and Amatiria, 2015).

Clean and healthy living behaviors in general about personal hygiene receive less attention from students, coupled with poor knowledge about health and unhealthy behaviors, such as hanging clothes in the room, not allowing women's female student clothes to be dried in the sun, and mutual exchanging clothes and personal items such as combs and towels (Suharmanto, et al, 2015).

Objectives of this study is to explore the factors that influence the PHBS of Al-Huda Islamic Boarding School students in Kediri City based on the Health Belief Model Theory.

MATERIALS AND METHODS

Research on the factors influencing the PHBS of female students at Al-Huda Islamic Boarding School to explore knowledge, attitudes, support of board administrators, and motivation based on the Health Belief Model Theory. Researchers use descriptive qualitative methods that describe them with words or sentences instead of numbers.

According to Sugiyono (2013), a qualitative method can be interpreted as a research method for examining the situation of natural objects, the researcher is as a key instrument, sampling data sources is done by purposive sampling and snowball, descriptive in nature (data in the form of words or images), for techniques data collection uses triangulation (combined), data analysis is inductive / qualitative, and qualitative research results emphasize meaning rather than generalization.

In this study using qualitative methods with a case study approach. Case study research is a study that explores a problem with detailed limitations, in-depth data collection, and includes from various sources of information. This research is limited by time and place, and cases studied in the form of programs, events, activities, or individuals (Saryono and Anggraeni, 2010).

RESULTS

This study produced twelve major themes from thematic analysis. The theme is as follows: Lack of knowledge of female students about PHBS in Al-Huda Islamic Boarding School in Kediri City. Sriri Putri does not understand about PHBS in Al-Huda Islamic Boarding School in Kediri City. The importance of PHBS is applied in the Al-Huda Islamic Boarding School in Kediri City. The need for information about PHBS Al-Huda Islamic Boarding School in Kediri City. Positive attitude of female students at PHBS in Al-Huda Islamic Boarding School in Kediri City. Constraints experienced by female students to conduct PHBS in Al-Huda Islamic Boarding School in Kediri City. Boarding school administrators pay attention to PHBS for female students at Al-Huda Islamic Boarding School in Kediri City. Boarding school administrators provide information about PHBS for female students at Al Huda Islamic Boarding School in Kediri City. Boarding school administrators help female students at PHBS at Al Huda Islamic Boarding School in Kediri City. The importance of support from boarding school administrators to increase PHBS in Al Huda Islamic Boarding School in Kediri City. Motivation of female students to apply PHBS at Al Huda Islamic Boarding School in Kediri City. The importance of cooperation between female students and boarding school administrators to increase PHBS in Al Huda Islamic Boarding School in Kediri City.

DISCUSSION

Knowledge about PHBS Santri Putri at Al - Huda Islamic Boarding School in Kediri was found that there were informants who had never heard of PHBS, did not know PHBS, about students' health, about environmental health, some who did not understand PHBS, and about personal hygiene and the environment.

PHBS Santri Putri in Al-Huda Islamic Boarding School in Kediri City is that there are several indicators PHBS of Islamic boarding school has not been fulfilled namely there is no poskestren, there is no counseling and there are some informants who do not have BPJS other than that the informant said that his cleanliness was quite clean. And researchers found the phrase that for disposal of pads by burning at night in the backyard.

The importance of PHBS is applied in Al-Huda Islamic Boarding School in Kediri, it is found that the need for PHBS is implemented, ignorance of the importance of PHBS, and there are those who feel that PHBS is important to be applied in Islamic boarding schools.

The need for information about the PHBS of Al-Huda Islamic Boarding School in Kediri, it is found that information about PHBS is needed, only as necessary information and information have been obtained from Balowerti Health Center while from the cottage has not been given any information.

The positive attitude of PHBS Santri Putri at the Al-Huda Islamic Boarding School in Kediri was found that carrying out the picket schedule, doing it was not half-hearted and doing PHBS starting from itself and then being able to remind others.

The obstacle for female students to conduct PHBS at Al-Huda Islamic Boarding School in Kediri was found that there was an opinion that inhibited the attitude of the individual, depending on the individual, feeling lazy, feeling resentful if unclean and some felt that there were no obstacles at all.

Boarding school administrators pay attention to PHBS for female students at Al-Huda Islamic Boarding School in Kediri City. The attention of boarding school administrators often reminds students to do picket schedules and cooperation in conducting PHBS, remind each other, help one another, help one another, inform hygiene, help when roan, and sanction if you break the rules. The boarding school administrators provide information about PHBS for female students in Al Huda Islamic Boarding School in Kediri City. Information about PHBS is needed by students to maintain

cleanliness but not all students know, provide information about hawking snacks, cleaning clothes, bathing, and cleaning the environment, some even not yet informed.

The boarding school administrators help female students at PHBS in Al Huda Islamic Boarding School in Kediri, which is obtained by assisting sick students, reminding pickets, helping pickets, and helping each other.

The importance of support from boarding school administrators to increase PHBS in Al Huda Islamic Boarding School in Kediri obtained is very important for the support of boarding school officials, reminding, feeling comfortable, administrators lacking enthusiasm, changing behavior, administrators for example, and not running if there is no support.

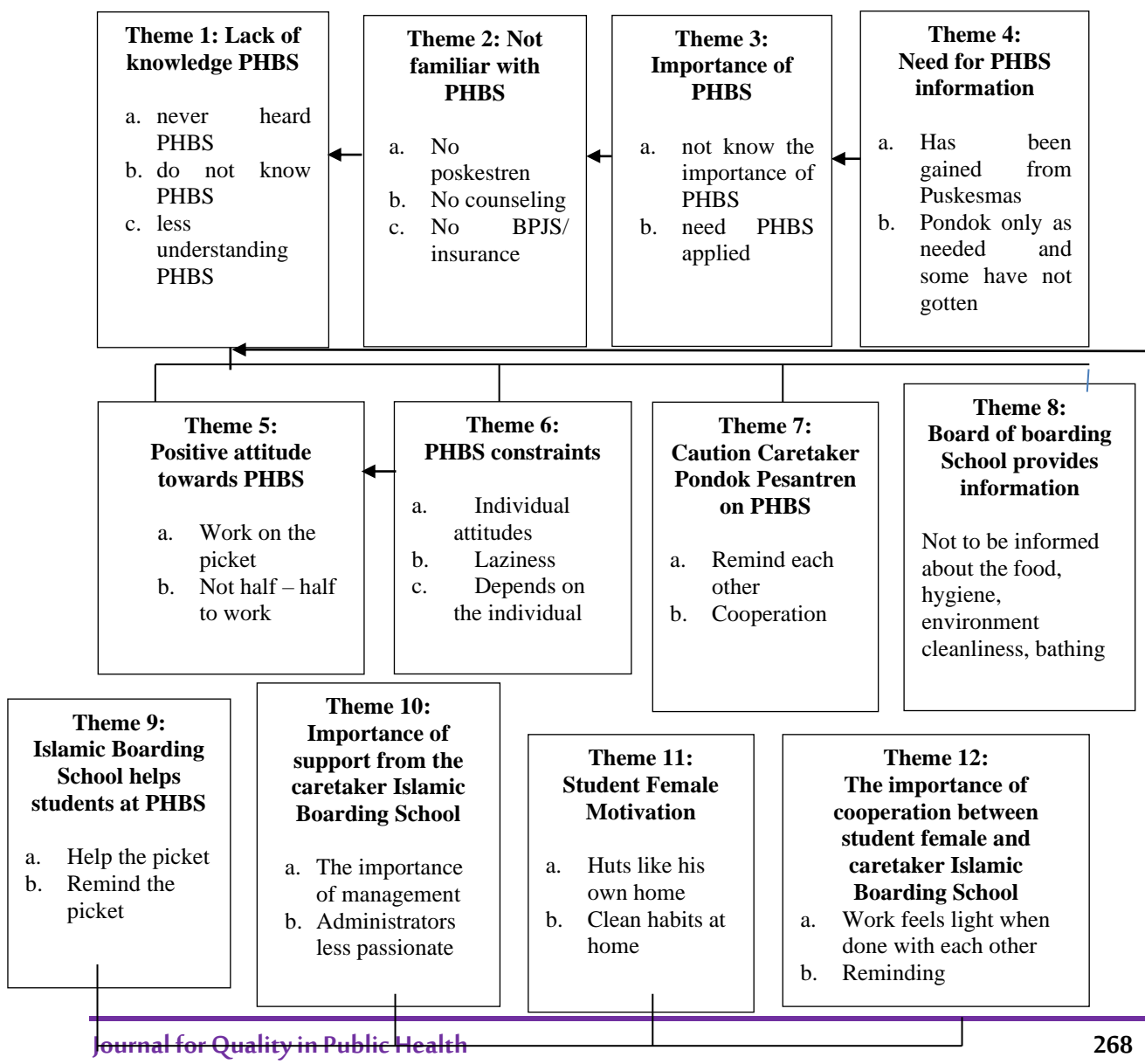
Motivation of female students to apply PHBS Al Huda Islamic Boarding School in Kediri obtained is a cottage like their own house, if it is not clean then it can be sick, comfortable and not easily sick, clean can avoid disease, clean habits, if not cleaning, the caretaker orders picket, and don't know.

The importance of cooperation between female students and boarding school administrators to improve PHBS at Al Huda Islamic Boarding School in Kediri obtained that the work feels light, friends and caretakers of the cottage, remind each other, choose the right motivation, protect the environment and avoid disease, motivation from friends.

CONCLUSION

Based on the discussion of the research results that have been described by researchers about "Factors that Influence the PHBS of Female Santri at Al-Huda Islamic Boarding School, Kediri City", the following results were obtained:

Figure 1. Major Theme



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CONFLICTS OF INTEREST

The author declares that they have no conflict of interest

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